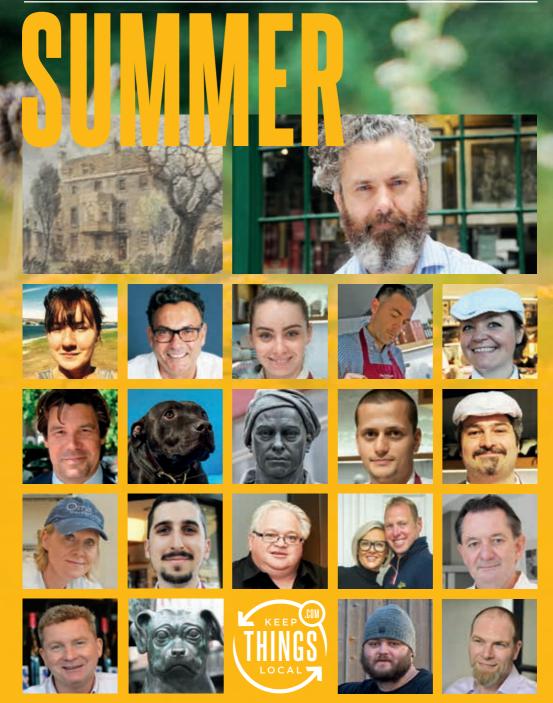
## CHISWICK LOCALS





## A CHAPTER IN CHISWICK'S RICH HISTORY

Stephen Foster runs Foster
Books, which you'll find in
the oldest shop on Chiswick
High Road. Stephen will
be writing regular pieces for
Chiswick Locals magazine
on local history, books, prints
and photographs. Here he
explains what makes his
shop so special

Foster Books has been a familiar sight in Chiswick since 1970. We sell quality classics, first editions, old, rare and out-of-print books as well as antique engravings of local scenes. Alongside these, you will also find bargain books for just a pound or two.

Our beautiful 18th century building is the oldest shop on Chiswick High Road, dating from the 1790s. With its original bow window, it is exactly how many customers expect an old bookshop to be.

Chiswick is more cosmopolitan than when my father opened the business 47 years ago. The area now has many good restaurants and interesting shops. There is a more international mix of residents these days and the area is popular with people who come to both work or simply visit. With the Thames nearby and landmarks such as Chiswick House and historic Hogarth House, it seems calmer than other parts of London.

When I started my apprenticeship 35 years ago we were a typical suburban shop that closed on Monday and half-day Thursday. The advent of the internet, the collapse of the Net Book Agreement that fixed book prices and the rise of charity shops, have contributed to the closure of many bookshops.

We have survived mainly because we diversified, specialised and embraced technology early on. We've been selling books online for almost 20 years via www.fosterbooks. co.uk and ship books around the world every day.

For the past 10 years we've also supplied books as props to the film and TV industry. It's interesting work that allows us to use our acquired knowledge to help art directors and prop buyers get the right feel for the camera.

We've been lucky to work on some interesting projects including the recent James Bond films, Beauty And The Beast and the Oscar nominated The Danish Girl and Mr Turner. We recently supplied books for Blade Runner 2029, filmed in Hungary and released later this year. Some of our books have also just gone out to be used in a new Mike Leigh film.

We have also worked with English Heritage and The Landmark Trust to help recreate rooms in great houses, as well as with interior designers and the Soho House group.

So, next time you fancy coffee on the High Road or a pint by the river, remember to take a book along. Pop in to our shop where we continue to Foster the love of good Books!

#### Foster Books

020 8995 2768 183 Chiswick High Road W4 2DR stephen@fosterbooks.co.uk www.fosterbooks.co.uk

Foster Books – purveyors of outmoded educational tools and antiquated entertainment devices

\* To read more about Foster Books visit www.keepthingslocal.com



### **WILLIAM HOGARTH**

Chiswick is rightly proud of its association with the famous artist and engraver William Hogarth who lived in the area for 15 years.

A statue of the artist in his painter's smock, palette in hand and with his loyal pug dog Trump at his feet, stands on the High Road outside Barclay's Bank and just a short stroll from Foster Books.

Hogarth (1697-1764) rose from humble beginnings to become one of the greatest artists of his day and was appointed Sergeant Painter to the King. He hated injustice and used his art to draw attention to issues he cared about – poverty, drunkenness, political corruption, cruelty to animals. His most famous works include Gin Lane and A Rake's Progress, both satirical observations of the worst aspects of 18th century city life.

He had a home in central London, in what is now Leicester Square, but in 1749 bought a 'country refuge' in Chiswick so that he and his wife Jane could enjoy weekends and the summer months away from the city noise. These days the busy A4 runs alongside the house and garden which are just yards from what was named the Hogarth Roundabout. However visitors to Hogarth's House (free entry) can still see the interior laid out pretty much as the family had it and enjoy the beautiful garden.

#### Hogarth's House

020 8994 6757 Hogarth Lane Great West Road, W4 2QN hogarthshouse@carillionservices.co.uk www.williamhogarthtrust.org.uk



## **JUST LIKE MAMMA WOULD MAKE**

The Italians on Chiswick High Road brings an authentic slice of Italy to your doorstep. Fresh produce is delivered direct from suppliers in the top food and wine producing regions so that Massimo Lopez and his staff can create mouth-watering treats and advise on the best produce for you to enjoy at home

Left it too late to book a holiday to Italy but not sure how you can survive the summer without a fix of that glorious Italian cuisine? Well, now you can enjoy melt-in-the-mouth mozarella, lip-smacking lasagne, breath-taking Barolo and perfect proscuitto without leaving Chiswick.

The Italians is a deli and cafe emporium occupying a vast, airy space at the west end of the High Road. Brightly coloured chairs and tables, set up for al fresco dining, let you know you've arrived.

Manager Massimo Lopez hails from Calabria and has been running the store since the beginning of the year. He explains the ethos behind this enterprise which sells the very best food and drink his homeland has to offer.

'On the walls of the shop customers will see black and white photographs of all our suppliers. They range from cheese makers, wine growers, olive oil producers, cured meat suppliers. They are all boutique producers who create the very best food and drink.



'Once a month we invite one of our suppliers to Chiswick for a weekend to meet us and the customers. In July our olive oil supplier will be visiting and we are encouraging our customers to check out our Facebook page to get all the details. You will also see details there of our late-night Friday events.

'Everything we sell here comes from Italy, from the pasta, cakes and wine to the fresh lemons and salad ingredients. We make all our own bread and pizza dough from scratch every day - we don't simply heat up ready-made ingredients which some shops do. So if you buy a sandwich from us, it has been hand-made from beginning to end.

'My background is in the fine dining and hospitality trade. I first came to live and work in Chiswick after leaving Italy about 20 years ago. After eight years in the area I went to Australia for nine years. I am now back living here and using all my catering knowledge to help make this business a success.

'We already have a loyal customer base and one third of them are local Italians which is proof we are stocking the right products. 'If I had to recommend five classic Italian products that we sell they would be:

- S.Ilario Prosciutto, thinly sliced. We have the hams hanging in the store with the authentic 'di Parma' stamp on them.
- Pecorino Riserva del Fondatore Il Fiorino. We have so many delicious cheeses it's hard to choose but this is a favourite of mine.
- A 250ml bottle of Olio Con Tartufo. This truffle oil is £24.50 but an invaluable treat.
- A bottle of Barolo. We have a wide range of Barolos with prices going up to £,399 a bottle.
- Balsamic vinegar and I recommend Aceto Balsamico Tradizionale di Modena.

#### The Italians

07903 135 441 454-456 Chiswick High Road W4 5TT manager@theitalians.co.uk www.theitalians.co.uk

\* To read more about The Italians visit www.keepthingslocal.com



# TOP HAT CELEBRATES 50 YEARS OF AWARD-WINNING DRY CLEANING

Devonshire Road stalwart Mike Moran has plenty of reasons to be celebrating as his shop marks half a century in business

There isn't much Mike Moran doesn't know about the world of dry cleaning. He was just two when his parents Mike Snr and Pat opened their first shop in Hounslow in 1967. That was followed a year later by a Chiswick branch of the Top Hat chain which Mike Jnr now runs.

To add to the 50-year celebrations Mike has also recently won Drycleaner of the Year at the prestigious Laundry and Cleaning News Awards. 'I was really chuffed about that,' he said proudly. Half a century ago his parents built up a successful chain of dry cleaners across London opening eight Top Hat outlets. The most important innovation came in 1972 with the installation of an Auto Valet 24-hour collection system allowing customers to collect their cleaning any time, night or day.

Mike, now 52, and his brother Paul completed their dry cleaning apprenticeship and Mike took over from their parents in 1984. In 2007 Top Hat moved from the High Road to Devonshire Road and the shop underwent refurbishment and an equipment upgrade.

Mike is now very much part of the community on Devonshire Road with its successful independent retailers and cafes. A keen rugby fan and former player, Mike is known as the village notice board! 'You meet people from all walks of life and I get asked a lot about the area.' He is quite outspoken on



the plight of small shops and their struggles in the current financial climate. 'Shop rates and rental costs are sky-rocketing. There's little support for small businesses. More high street shops are closing as they cannot afford the running costs.

'Sometimes developers move in and transform a high street by pushing up rental prices, leaving shop units empty for ages. They wait until an enthusiastic new business owner is willing to pay the new exorbitant rates which then pushes up costs for everyone. My advice to those considering joining us in Chiswick is to ask existing shop owners what they're paying so you don't pay above a fair rate.'

Despite his observations on the current retail landscape, Mike is optimistic Top Hat will continue to thrive for the next 50 years.

#### **Top Hat Cleaners**

020 8995 9813 20 Devonshire Road, W4 2HD info@tophatchiswick.co.uk www.tophatchiswick.co.uk \* To read more about Top Hat visit www.keepthingslocal.com

### **JOIN THE PARTY**

### SEPTEMBER 9 11am-4.30pm

Mike is a larger-than-life character within the close-knit Devonshire Road community. He supports local charities and schools and is one of the main people behind the popular and successful annual Devonshire Road Street Party.

This year's event will be held on Saturday September 9 from 11am-4:30pm. Visitors can look forward to a range of activities and entertainment including no less than nine musical acts, among them rat pack crooner Ray Lowe, Sikh drummers, Bollywood and Hindu music. There will also be lashings of cake, food and drink and plenty of freebies.

Each year the event raises thousands of pounds for charity. Last year the organisers handed over £6,000 to Water Aid, which works to supply safe water to communities around the world, and to W4 Youth which provides 250 young people in west London with a supportive network, fun activities and a safe place to go.

• For more details of this year's event visit www.devonshireroad.london



# FILLING A GAP IN THE WORLD OF DENTISTRY

For 32 years dentist Ron Baise has run a successful surgery in Hammersmith. He describes his career and shares tips for making your dental check-up as pain-free as possible!

I moved to London from Cape Town in 1980 soon after graduating. The political situation in South Africa was shaky then with a potential revolution on the horizon. Mercifully the transition was relatively peaceful thanks to the efforts of Nelson Mandela and FW de Klerk.

I have been a dentist in Hammersmith since 1985, long enough to feel like a local! Many of my patients have been coming to me since I started and I've formed real friendships with some. We might meet for a coffee, a beer or see each other socially at dinners, weddings or funerals.

Like many dentists I sometimes find myself in the

role of counsellor! Obviously all patient information is treated highly confidentially but when patients have been coming to you for a long time and become friends they often talk about their personal issues. They may ask for my opinion and, if I know a patient has a particular knowledge on a subject, I may ask for their tips or advice.

All dentists acknowledge that some patients are going to have genuine phobias about coming for treatment. Back in the Eighties I had one man run out before I'd even had time to examine him. Fortunately these days we have techniques to help phobics, depending on their particular

fears. We take time to work through the problem to make sure we get the right results.

I am very proud of our new state-of-the-art dental practice with its four treatment rooms just off the Glenthorne Rd which has given us space to offer not only general dentistry but also specialist dentistry and post-graduate education to local dentists. I get quite emotional when I read our Google reviews and reviews on our website. They make me realise that our practice contributes positively to the community.

I enjoy many aspects of my work particularly meeting new people. I also have a wonderful and talented team of young dentists, hygienists, nurses and receptionists. I'm 62 now and they all help me feel younger!

My top tips to patients are:

- Eat something before you come to the surgery so you aren't too hungry. It can really affect your mood if you haven't eaten.
- Be on time for your appointment so you aren't stressed and anxious when you arrive and also so that you don't affect all the other appointments after yours!
- Try to relax. Modern dentistry is pretty painless and nothing like the experience it was a few decades ago.

#### 92 Dental

020 8741 5263 5 Glenthorne Mews 115 A Glenthorne Road W6 0LJ info@92dental.co.uk www.92dental.co.uk



# ASKA'S INSIGHT INTO SPORTS MASSAGE

'Don't allow your pain to limit you living life to the fullest any longer. Corrective exercise will help you lead an enjoyable and rewarding life.'

Working as a sports massage therapist for many years, I have treated a range of conditions for clients whether the pain and concern was chronic or as the result of an injury.

My passion for selfdevelopment took me to San Diego in California where I was trained as a specialist in corrective exercise at the widely recognised National Academy of Sports Medicine (NASM). It was a great experience for me educationally, clinically and also personally.

I feel very blessed I am able to expand and share my knowledge of the human body, the physical abilities of the musculoskeletal system and the field of rehabilitative exercises. I'm intrigued by functional movement and passionately believe that integrating sports massage and exercise into everyday life is essential for a healthy and pain-free body. I love to encourage and motivate people to stay active regardless of their personal circumstances.

My teaching, advice and support is very manageable, with a simple 15-minute stretching and strengthening routine, producing positive, noticeable results, helping to elevate one's life.

Indeed, one of the most important parts is that both sports massage and corrective exercise will work, undoubtedly demonstrating real honest outcomes that are evident throughout sessions with my clients thus far.

This is your time to invest in your health, to take care of your body and your wellbeing and reward yourself with the gift of a pain-free and enjoyable life!



### **Insight Sports Massage** 07894331743

Practising at

Grove Neighbourhood Centre 7 Bradmore Park Road W6 0DT

aska@insightsportsmassage.com www.insightsportsmassage.com



# WHY CHISWICK HOMES ARE HOT RIGHT NOW

Matt Goslett is an independent residential property expert, helping clients find their ideal home. He knows the London property market inside out but it's west London where his main expertise lies

Matt Goslett's connections to the area couldn't be stronger – born at Queen Charlotte's hospital Shepherd's Bush 44 years ago, he now lives in Barons Court.

Matt, whose full job description is Property Acquisition Agent and Consultant, started working in the business 10 years ago. He offers house hunters a bespoke service and will search the entire market to save clients wasting time viewing unsuitable properties.

He says Chiswick is enjoying a surge in popularity among

families looking for good quality, spacious homes within easy reach of good schools, green spaces and the M4 and M40. 'Over the past five or six years Chiswick has become a very sought-after district. People who dismissed the area a few years ago realise they can buy a great property just 20 minutes by tube from town, without paying Chelsea prices.

'Not only does Chiswick have the river and parks, it also has homes with great Victorian architecture, many within the catchment areas for some of the best schools in London.' Matt approaches each assignment individually: 'No two clients are the same, each circumstance is different. My charges vary depending on what the client wants An artist asked me to find a big, bright studio. He'd been painting in an upstairs room at his terraced house. I found him 1,500sq ft of space which had been a recording studio. He loves it and even holds exhibitions there.'

Matt explains the difference between him and estate agents. 'An estate agent acts on behalf of the vendor but I act for the potential purchaser. Estate agents can only show you the places they have on their books. Being independent I can search the entire market so you don't have to. So whether you're looking to upsize or downsize, a place for your adult children, an artist's studio or a parking space, I'll find it for you.'

#### **Matt Goslett**

07799 775815 matt@mattgoslett.com www.mattgoslett.com



# WEST LONDON'S PAINTER & DECORATOR

Local painter and decorator Georgina Knight hopes to make her company Ozmas a household name

Known as a perfectionist who works fast and leaves your home spotless at the end of each day, Georgina Knight, with her 20 years' experience working in the high-end decorating trade, has earned a very good reputation among local clients.

We quote for job sizes ranging from painting a single front door to full interior and exterior redecoration of a four storey, six-bedroom house – and everything in between.

'We can advise clients on

colour and how to achieve the overall look, finish and style, while avoiding unnecessary labour costs and material expense. We listen to clients and are objective with colour choices, suggesting the most appropriate finishes and types of paint best suited to the purpose.'

Georgina, a mother of two young boys, moved to London from Ireland in the mid-Eighties and after a few years living in the Hammersmith area, has now settled with husband Justin in Acton. With a background in the arts – she studied at Chelsea College of Art and is also a skilled illustrator and cartoonist – she has now set up her own company, Ozmas Developments & Design.

Her wide experience allows realistic quotation and a sensible deadline for the job's duration.

Whether you are a landlord looking to lease premises or an in-going tenant, services can be provided to suit your needs. Commercial work includes white box finish to bespoke franchise standard. Her many clients include private homeowners, landlords and high-end residential and commercial agents.

Georgina's skills as an illustrator and cartoonist can often provide an interesting crossover with the decorating work, particularly in private houses. 'I enjoy designing fun artwork for any number of room situations, particularly children's bedrooms and playrooms. This can be a pleasant crossover with the decorating work (www. inkgeorge.com). If you have an interest in commissioning bespoke artwork or wall designs I can offer some ideas and something new.'

Georgie and her team offer interior and exterior painting and decorating, lining and wallpapering, colour consultation and design. For a free consultation call Georgina on 07772 636 000.

#### Georgina Knight Ozmas Developments & Design

07772 636 000 42 Davis Road, W3 7SG info@ozmas.co.uk www.ozmas.co.uk





## TRUSTED HANDS

Get the BBQ sizzling with John Stenton's speciality meaty treats — piri piri chicken, delicious Stenton burgers, homemade sausages and the famous 'Man Chop'

John Stenton has been Brackenbury's butcher for more than 30 years. Some customers have been visiting his shop on Aldensley Road since the day John and his wife Lena opened the doors for the first time three decades ago.

He has seen couples turn into families and parents turn into grandparents. Lena even knits clothes for newborns in the area.

John offers a unique blend of quality meat and friendly service, which you will not get in the supermarket. Customers travel for hours from outside London to visit Stentons.

If you are firing up the BBQ you will be delighted at the range of meats on offer — piri piri chicken, lemon and pepper chicken, glazed lamb cutlets, rack of ribs, sausages and the famous Stenton burger.

Another popular speciality of John's is his renowned 'Man Chop', a large peppered pork chop with the belly part left on that can weigh in at 1 kg.

With this extensive range of meaty treats your al fesco cooking season is sure to be a hit with family and friends.

#### John Stenton Family Butchers

020 8748 6121 55 Aldensley Road Hammersmith W6 0DH

# FESTIVAL FOR A BETTER LIFE

The Good Life Experience Festival celebrates music, its makers, the great outdoors and the search for a simpler, more rewarding life — September 15-17

Front woman Cerys Matthews captured the public imagination when her band Catatonia achieved hit after hit in the Nineties. Now, as a reporter for BBC's The One Show and a presenter on BBC 6 Music, the musician has again become a household name.

Not content with her already hectic schedule, Cerys has co-founded a music festival for families in her home country of Wales. 'The Good Life Experience is about reconnecting with nature and acknowledging the joys of the simpler things in life,' she explains.

'It's a great opportunity for all the family to log off and get together, try some new experiences and enjoy "real-world" adventures in the great outdoors.'

Book online with the code TGLF17 and receive a 10 per cent discount!

#### The Good Life Experience

15-17 September, 2017 The Hawarden Estate Flintshire, Wales, CH5 3FB Info & sales Mon-Fri: 01244 784122 info@thegoodlifeexperience.co.uk www.thegoodlifeexperience.co.uk



## **GUIDE TO KITCHEN COOL**

They're modern or traditional, sleek, sexy and desirable. Who wouldn't want a bespoke West London Kitchen?

A new kitchen is what many people dream of, yet according to Keith Patterson of West London Kitchens, once it's installed, clients can't wait to see the back of him – and he can't blame them.

A kitchen is often the centre of family life so clients want us out as soon as possible. Building work can be stressful and home owners are usually pretty exhausted when the work finally ends. Also we are generally the last people to leave as you don't want to install a kitchen in a building site – unless it's a straight replacement kitchen which is slightly less stressful.'

Once a new kitchens is up and running much of Keith's business comes from word of mouth recommendation from happy clients. Surprisingly, a growing number of buyers are choosing their kitchen via lifestyle scrapbooking site Pinterest and a lot of research goes on before the final decision is made.

'Kitchens are not an impulse buy and they don't come cheap,' admits Keith, who offers a range of German, Italian and traditional English kitchens from £10,000.

'In terms of expenditure they are up there with buying a car so people tend to choose very carefully.'

Fashions change too. Five years ago, glossy surfaces were popular, then matt finishes. Now traditional Shaker style kitchens are making a comeback.

Keith's team takes a softly softly approach to selling. Potential customers can drop into the Kite Studios showroom any time to have a chat. He is also keen to add that being a Brackenbury resident he is happy to give free advice any time.

Keith will prepare designs without obligation and when a buyer does commit, the kitchen is bespoke for that client and delivered ready built to reduce time and mess.

'We start in our studio selecting finishes and fittings then go to the design stage on computers.

'Once the work starts we meet on site to check progress. We have met some clients up to 24 times before signing off the job. You have to be patient!' Once all the work is done Keith drops off a bottle of wine and sneaks out of the door. He'll catch up with the clients later when they're happily settled in. Job done!

#### West London Kitchens

020 8741 1981 Studio 6, Kite Studios 2B Bassein Park Rd, W12 9RY keith@westlondonkitchens.com www.westlondonkitchens.com



# THE CARPET STORE'S JOE MILLER WAGES WAR ON CARPET MOTHS!

The battle is on. Joe's enemy is small, aggressive and a threat to us all. Sometimes they are killed with chemical weapons, occasionally they're smeared across walls leaving ugly stains

Q. Who is your enemy?

A. Moths. They are a big problem in the area. They love to eat 100 per cent woollen carpets. But we are on to them. Sorry moths, you have got to be beaten. We offer a selection of great carpets that can protect against these little blighters. Sorry moths, we've got you beat. Q. How quickly can you fit a genuine

moth-resistant carpet?
A. We can usually fit a carpet within a week.
Q. What carpet would you recommend for a family with young children?

A. A carpet with man-made fibre (the ones that confound moths). They are stain-resistant, anti-static, hard-wearing, long-lasting and much easier to clean.

Q. What colours are popular?

A. The most popular are neutral colours. Grey is in at the moment and beige has been popular

for a while. Our showroom has a wide selection of carpets, including different and unusual ones. We finish edges with binding tape or whipping. We also make bespoke individual runners for a variety of staircases and designs. 'Drop into our showroom. Call for an appointment. You can take samples home. Unlike chain stores we don't have high-pressure sales people badgering you. We don't rush customers. You will talk with me, my wife Fiona or my brother Clay. But, moths are not invited.'

#### The Carpetstore

020 8749 9340 156 Goldhawk Road, W12 8HJ carpetstoresb@aol.com www.thecarpetstore.info



## **FAST & FURIOUS**

Live the American dream. Victor Wild builds classic American cars, hot rods and rat rods for West London residents

On a quiet Hammersmith street, residents are accustomed to eyeing with envy some of America's most distinctive cars parked alongside their staid 4x4s and family saloons.

There was the 1987 Chevy Camaro Iroc Z convertible, the 1953 Plymouth rat rod, the ominous looking 1969 Chevy Nova SS that featured in Quentin Tarantino's film Death Proof, the 1964 Pontiac Grand Prix 6.4 litre V8, a 1980 Pontiac Trans Am and the world's last 1966 Bedford narrow bodied fire engine.

These classics have all belonged to Victor Wild an American hot rod and rat rod [menacing version of a hot rod] enthusiast who's made a living out of his passion for all things on wheels.

The petrolhead owns Wild & Sons, building and servicing some of America's collectible performance cars, many owned by British rock and film stars, making him one of the most publicised American car specialists in Europe.

He has worked on the iconic Batmobile used

in the 1966 movie, been under the bonnet of the 1972 Dodge Charger and Toyota Supra that appeared in Fast And Furious, and even the 1968 Dodge Charger from the 2005 Dukes of Hazard movie.

He's also worked as a vehicle consultant on the upcoming Liam Neeson film The Commuter and has successfully gained sponsorship from some of the biggest automotive parts manufacturers.

So, where did his passion for American wheels come from? 'I was six and sitting in the back of my mother's Jaguar Mark 2 when I realised I loved cars. Mum would drive round roundabouts just so I could slide across the leather backseat – while wearing a seatbelt!

'I loved the Mark 2, but for me English cars were too polite and quiet. I felt I should have been born in the States.'

Victor and his partner Clara have three-yearold twins. 'My son Max helps me sometimes. I have taught him how to do an oil change but he gets so messy. He likes unscrewing oil filters and that sort of stuff and screwing them back on. Clara likes cars too, but she doesn't like getting dirty or anything. She just likes to sit in the cars.'

#### Wild & Sons

07749 818681 info@wildandsons.com www.wildandsons.com



### Architect Warren Hagues on the importance of accurately passing on clients' wishes to the builders and designers

In the last issue we spoke about the architect's role as a facilitator who's job it is to realise that the preferences and tastes of clients play a major part in developing a design brief.

While there are technical and legislative requirements that must be adhered to when undertaking a building project, when it comes to aesthetics the priority is client preference. It is not our role to impose our design style on a project. Rather, it is our role to translate client preferences in to an architectural language and final design.

Indeed it is this role as a facilitator that forms a large part of what an architect does when liaising with others within the building industry. We translate the client's brief in to the 'languages' of associated professions so as to be understood by the local authorities, surveyors, contractors, product suppliers and other designers etc.

By working in this manner, the client can be assured that the architect has understood their project fully by viewing it from multiple points of view and communicating it in a way that is understood by the associated building professions.

#### **Chartered Practice Architects**

020 8743 9535

159 Askew Road, W12 9AU warrenhagues@cparchitects.com www.cparchitects.com

- FREE ESTIMATING AND PLANNING
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'Great service, great carpet. Joanne R. W6



020 8749 9340

156 Goldhawk Road, Shepherd's Bush W12 8HJ carpetstoresb@aol.com www.thecarpetstore.info

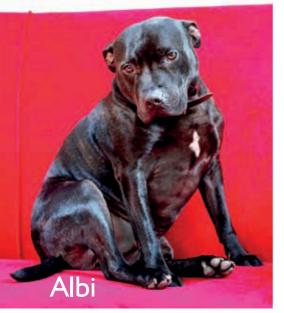
### LOCAL HISTORY

The Thatched House was built in the 1850s and was the last pub in London to be serviced by the dray horse from the Young's Brewery in Wandsworth — yet we're anything but old and stuffy

Lots of space and an airy conservatory mean we're perfect for mid-week catch-ups with friends, groups of lazy Sunday Roast grazers, parties and events. We promise to make you feel at home the moment you step through the door



020 8741 6282



## ON THE COUCH

Albi, the Local's resident agony aunt, offers words of wisdom. True, he is a dog but that doesn't mean Albi can't see sense! Far from it. After a life of globetrotting with his glamorous companion Lavinia von Schneider, Albi the Talking Dog has settled for good in Brackenbury Village. Now he's ready to Give Something Back to our readers

My partner is the biggest chatterbox ever. What makes it worse is that on the rare occasions I do manage to get a word in edgeways, he stares at me vacantly. It's as if he is not listening to a word I say (Phoebe A-S, Cardross Street, W6; and 22 others)

I don't accept circulars.

Help! I'm clinically depressed. My neighbour's house is worth more than mine.

For Lord's sake, man up a little.

It's taken me 15 traffic-light changes to get through Hammersmith roundabout. The M4 is backed up solid to Cherry Blossom Roundabout. Some idiot in a Skoda has his backside in my lane because he can't squeeze into that petrol station, and I'm 80 yards as the crow flies from where I set off this morning: three-quarters of an hour back

I find it often helps if someone rubs my tummy. Another handy standby is to take a little walk. Do you see any lampposts where you are?

Although I love my romps with the three guys...

Next!

I'm quite young and at the end of the month I seem to have no money

Don't spend your time in bars, you daft millennial! Do the maths: glass of warm wine: £8.95; pint of Oggles Craft: £6.80; 18 measly peanuts: £3. Then you swallow a microburger - and we're £8,526.48 down in 10 minutes - on a snack. Either scavenge in bins, like me; or, work for a hedge fund, like everyone else in your street. Or, last resort, go food shopping - and learn to cook. How hard can it be?

I'm a bit older. What advice can you give hard-working families who are just about managing?

Now we're talking. Try wearable stickers that promote healing. Made from the same conductive carbon-material that NASA used for space-suit lining, they produce wellness. By combatting the everyday stresses and anxieties that throw off our Internal Balance.

Best fitted in armpits. But do remove them sometimes – remember Shirley Eaton in Goldfinger?

However, when it comes to detox, my credo is that candida can be a parasite. When your family's vibrational field is low, their health system is more susceptible to parasites. In my experience, an eight-day, mono-diet goat-milk cleanse – accompanied by a specific vermifuge – of anti-parasitic herbs – works wonders.

Anything else?

Editor: Yes, what's your Top Tip?

Always try for another meal. Pretend you haven't been fed.

Email your dilemas to albi@keepthingslocal.com

# WELCOME FROM THE EDITOR

As smoke from barbeques wafts across the borough and neighbours chat over garden fences, Chiswick Locals would like to welcome you to our first issue.

While this free magazine reaches nearly 10,000 readers in the borough it's also available as an emailed newletter and online

at www.keepthingslocal.com

There are articles as well as many opportunities to find events and local listings. In fact at Chiswck Locals we want to promote events in print and online that you think would be of interest to readers.

If you are a local business why not consider our competitive advertising rates. We have special deals to introduce you to the community to explain just what it is you do.

So whether you're a cafe owner, kitchen fitter, decorator, carpenter or butcher you can benefit from direct marketing to your potential customer in print, online and through the Chiswick Locals newsletter.

Through these pages you can get your message out to people who receive the magazine at home, at the tube station or read it in cafes, pubs and in high street stores.

To appear in our autumn issue contact us on the number or email below.



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### Raise a glass to summer rosés, says wine expert Thor Gudmundsson

A June heatwave gets your hopes up so in this issue we're focusing on wines to make the most of the summer and early autumn months.

Summer is PINK and that means rosé, so we've added 2017's take on Aperol Spritz – Frosé! It's a delicious, slush puppy rosé concoction, tarted-up with our very own lemon and Campari infusion. It's a terrace winner, thirst-quenching and delicious!

If it's old school rosé you want, Magali from Provence is a perennial favourite. And in keeping with our love of wines made with minimal intervention and maximum respect for the environment, Matthieu Delaporte's awardwinning Sancerre, Tom Lubbe's Majas and Aymeric Amiel's A Baïa are there to boost your green brownie points!

We're also great fans of reds that chill well. More fruit-forward, less tannic, they can be drunk anywhere from cellar to fridge-door temperature. Ideal for a barbeque, Bare Bones or Saffraan Cinsault from South Africa, Sous le Manteau from the Languedoc, our very own Ballon Côtes du Rhône and many others all have that lovely, juicy and delicious smashability that's great for summer drinking and dining.

And then, there's the Summer of Riesling, of course...!

### Thor Gudmundsson The Brackenbury Wine Rooms

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